



W I D E H O R I Z O N

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WHAT'S INSIDE!

- **God's Purpose**
- **A View From the Board**
- **Poems and articles by Wide Horizon staff**
- **Christian Science Nursing: This is Good Work!**
- **Our Volunteers Are the Best!**

Wide Horizon Herald

Summer 2006

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Margit Foster, Kitchen
Michael Torres, Housekeeping
Lukas Kienberger, Maintenance

Donations can now be made online

via our website at www.widehorizon.org, where you can also learn much about Wide Horizon and its healing activity.

Thank you!

Wide Horizon's Annual Meeting

**Saturday, September 16th, at 10:00 A.M.
at First Church of Christ, Scientist, Denver**

Mrs. Lona Ingwerson, C.S., of Laguna Beach, California, a former member of the Board of Lectureship and resident of Colorado, will be the inspirational speaker. Her talk's title is "Why would anyone choose to be a Christian Scientist?"

Mailing List

If you'd prefer not receiving mail from Wide Horizon or know of a change in a recipient's circumstances, please let us know via email margee@widehorizon.org, regular mail, or phone at 303-424-4445, x3156. Include full name or names and mailing address. Thank you.

God's Purpose

by D. Brian Boettiger

"We know that all things work together for good to them that love God, to them who are the called according to his purpose" (Romans 8).

All of us working together at Wide Horizon feel we are called to work for God's purpose, serving Him in our service to our fellowman. We know this good work blesses many, including our surrounding community. We trust that all who enter through Wide Horizon's doors will feel a healing atmosphere of Divine Love. In fact, we often have outside service persons and others who have briefly worked or visited here express their appreciation for the order, peace and comfort they feel and witness at Wide Horizon. We are grateful for Love's unconditional bestowals blessing them, as well as Love's healing touch that our dear guests feel every day. Love always blesses us in this good work!

Mary Baker Eddy, quoting Apostle Paul, referred to this verse above as "the dictum of

Scripture" (*Science and Health*, 444). So working together for good while we love God is authoritative. This work comes with spiritual power and purpose. In doing so, we have the authority of Love. In this holy work, we are yoked together with Christ. There is therefore no burden, only light. The work isn't burdensome; it's easy with Christ. This is true for all genuine students of Christian Science who strive to practice their understanding of Divine Science. It's true for you wherever you are in whatever you're doing. It's a practice or work that blesses all mankind!



I believe Mrs. Eddy wholeheartedly would say today, "The Cause of Christian Science is prospering throughout the world and stands forever as an eternal and demonstrable Science, ... 'And we know that all things work together for good to them that love God, to them who are the called according to His purpose... What shall we then say to these things? If God be for us, who can be against us?' (*Miscellany*, 143).

Special Staff Issue

One of the purposes of this issue of Wide Horizon Herald is to give Wide Horizon's wonderful staff the opportunity to contribute and be published authors. I also thought it would be delightful to have you get to know some members of Wide's terrific team through their individual contributions. So I hope you enjoy every word!

Haiku

by Lukas Kienberger

Purpose

Overcome fear of all kinds.
 Grasp the ultimate Good.
 Everyday.



Wide Horizon

Peace and refuge
 Overcoming age
 A beautiful place.

A View from the Board

"We Will Do the Loving Thing..."

Months ago one of Wide Horizon's board members made this statement at one of our meetings. In the intervening months, the statement has become "do the loving thing." Perhaps it doesn't sound like much but this simple and direct statement has helped give much needed direction through the many decisions we have faced. We know that we (and you) are well served by its guidance. We'd like to update you on deliberations regarding grounds and buildings. We'd like also to share thoughts about the care and support of our most precious asset—the nurses and staff that work at Wide.

Grounds and Buildings

"Do the loving thing" has helped to crystallize the most pressing needs for refurbishing the grounds and buildings at Wide Horizon. We've come full circle in our exploration of the many alternatives for action in this area, recognizing that the in-depth consideration of all of the pros and cons has been very valuable. We have a much better sense of priorities and clarification of our Mission, such as the

care for so-called confused patients and the security/privacy of all guests. We're humbly grateful for this clarifying period.

An early obstacle to renovation of the North Building was that the construction would disturb the peace and security of our guests. We have reviewed several plans, one that included building a new structure connected to the North Building by hallways. More recently, with the generous assistance of Janet Gronberg, a church member from Colorado Springs, we may have found a way to add to the existing entrance with minimal impact on the daily activities and the peace of our guests. This plan appears to address almost all requirements for dining, social/activity, kitchen and office needs that we desire to solve.

Nurses and Staff

It is our staff, and most particularly, our nurses, who are the foundation of the Wide Horizon Mission. Their loving service is so precious to us. We continually seek to find ways by which we can communicate to the nursing staff the gratitude that we have for their devoted service. "Do the loving thing" has helped us to explore various avenues by which the value of our staff can be recognized and our gratitude expressed.

You can help us in this endeavor by joining us in supporting our employees through prayer and by action—the simple action of communicating appreciation and affection to this selfless group.

As a board, we are endeavoring to find ways to communicate information to those who might be inspired to enter this field of service in the Christian Science Movement. In addition, we have been challenged to see how we can insure that patients are not turned away from Wide because we do not have enough nurses to provide the coverage and attention necessary.

We will explore with you, our field, how we might help our nurses, by implementing a new avenue for volunteering: we could use the assistance of seasoned Christian Scientists in the care of confused patients. It is a loving and very important initiative and we would encourage you to contact us if you would like to learn more about this opportunity.

Mary Baker Eddy encourages each of us: "Hold perpetually this thought, --that it is the spiritual idea, the Holy Ghost and Christ, which enables you to demonstrate, with scientific certainty, the rule of healing, based upon its divine Principle, Love, underlying, overlying, and encompassing all true being" (*Science and Health with Key to the Scriptures*, 419:15).

We hope that you will receive this view in the spirit of expectancy with which it was written. This has been a season of demonstrating God's law of progress with a very certain sense of Love—nurturing, caring for and directing us at Wide. We cherish your support and gratefully thank you for it.

Fred Kuhn, a friend to many and selfless supporter of and volunteer at Wide Horizon, recently passed.

For years, Fred had helped with maintaining the grounds during the summer and with activities for guests year round. His genuine good nature and sincere willingness to pitch in will be missed.



Zina Matveyuk in North Building kitchen

Enrichment at Wide Horizon

by Margee Howard

We often hear how wonderful Wide Horizon is from a patient or a guest. I'm glad to have this opportunity to share how Wide Horizon has enriched my life as a workplace. People usually encourage those looking for a job to find a place where one can say, "I am glad I am going to work today!"

Wide Horizon is such a place! From the time I drive through the brick entrance to the time I leave through the open gates along Estes, I know that I am going to have a great day. How could I not since the first peaceful view is of the flowing acres and the magnificent mountains?

For me this is "the freer step, the fuller breath, the wide horizon's grander view; the sense of Life that knows no death" that Samuel Longfellow speaks of in hymn 218 of the Christian Science Hymnal. Trees towering rich with each season—filled with spring

leaves, painted with fall colors and frosted with ice in winter. After spending 20 years at a corporate office, Wide Horizon is home to the heart. The love that each child of God expresses through each activity and movement, the moments of prayer and working together to achieve a common goal or overcome a situation are such beautiful examples of God working his purpose out.



Many examples of One Mind are demonstrated each day as I go about my office duties:

finding misplaced papers, handling frustration of working with the computers, and feeling the assurance that all voices on the phone are kind and gentle. The presence of God is all around. And I even get to say His name with confidence that He will answer me (and co-workers will not condemn me). The duties I perform are a result of the grace and efficiency that is expressed in this healing atmosphere of "Love reflected in love." It is great to be able to say, "I am glad I am going to work today!"

Patti Carpenter recently retired as an employee of Wide Horizon after serving others here for 23 years. She initially began in housekeeping before assisting in various capacities in the business office for more than 20 years. Many staff members and patients have felt Patti's genuine kindness, thoughtfulness and love. We are very grateful for the good work of this faithful worker and loved friend. Thank you, Patti!



The Sacred Mission

by Henry Joshua Nichol

Love is sharing every moment,
All the good with joy and kindness,
Never fearing, never doubting,
In this loving sacred mission.

If you are slashed in your life journey,
For the kindness manifested,
Just continue without fearing,
And your seed will grow and blossom.

Think how green will be the pastures,
Through this faithful ministration,
God rewards the faithful planters,
Who bring love and peace to mankind.

An Atmosphere of Healing

by Al Zehendner

I am a Christian Science nurse, who serves on the night shift. One night with about two hours left on the shift I felt too ill to continue with the work. I phoned the next shift's relief nurse, who asked if I could stay until she arrived, so I did and prayed for inspiration. After she arrived, I drove home. I phoned a Christian Science practitioner for support and immediately went to bed—normal activity after working the night shift.

A couple days later I felt it would be a good idea for me to check in as a patient at Wide Horizon for additional support and the healing atmosphere at the facility. Soon I was getting ready for being a patient instead of a nurse at the facility! My family took care of all the arrangements for admission.

The first night was quiet and peaceful. I showered in the morning, made the bed and had a wonderful breakfast. But then some normal activity was painful. This pain was dismissed as an aggressive lie, not in my experience. I knew the Truth about my existence being spiritual and my abilities and every function coming from God. The painful claim was healed. What a wonderful day! A nurse brought in a fish bowl with "Harmony" (a Japanese fighting fish) and "Goldie" (a snail that keeps the bowl clean.) It was a show of special love that I cherished.

All the staff – from administrative to maintenance – did all they could to make my "rest and study" experience a pleasant one. I had a lot

of study time and welcomed visits from friends. My family visited often, for which I cherished every minute.

For the rest of my stay of eight days I studied and prayed. Occasionally I walked outdoors, and sometimes after other guests were in their rooms I would walk in the halls. I felt it important to stretch or exercise. Most often I would be in bed about 10:00 PM. The food was beautifully served and offered quite a variety in the regular menu. Inspirational programs and/or services were broadcast on the room speaker. The days were wonderful and happy times.



In contrast, the nights were a different story. I had to vigorously pray every night to be comfortable and breathe normally. (Jacob's wrestling with the angel was my model!) I was

tempted to just incline the head of the bed and after a short while it would be satisfactory. But, NO, that would be relying on a power apart from God, and I was at Wide Horizon for healing. I listened to God's direction and quickly felt relief. All would be peaceful until around 1:00 AM when I would awaken and need to meet the same situation. I recalled quotes I knew from the Bible and any I could remember from Mary Baker Eddy's writings. I wrestled to understand the meaning in the passages. The Lord's Prayer, The Daily Prayer, Children's Evening Prayer, The Scientific Statement of Being, and The Rule for Motives and Acts were all helpful, as were many hymns and of course the 23rd Psalm. One morning

when the wrestling was over with I felt like I was ready to go home. However, an inner message came through loud and clear, "You must prove this healing and I will tell you when you are ready to go home."

I was ready to roll the last stone away and have my total freedom and I DID LISTEN. The next night was much the same as before – and sleeping on those 'stones' was not comfortable, but the wrestling for the messages kept bringing relief, and finally in the early morning hours I fell asleep as all the previous mornings. When I awakened I heard this message, "You are ready to go home. So what are you waiting for?" I knew I was healed! I was ready to go home!

This was the most harmonious healing I've experienced. I'm sure the healing atmosphere at Wide Horizon touched every fiber of my being. I am most grateful for the healing, loving week that was given me to prove that Christian Science heals.

Harmony

by Jane Allen

Announcing daylight

Birdsongs, smooth to staccato

Command performance



Our Volunteers Are the Best!

by Jan Dillingham

Is it presumptuous to say that Wide Horizon volunteers are the best? Well, let me tell you a little bit about our volunteers (perhaps that includes you, or maybe it **will** include you), and then you can decide.

We have volunteers who record the current periodicals, conduct testimony meetings on Thursday evenings, and coordinate scheduling for all these readers and recorders. There are others who mend, who put together bulletin boards, and who help with landscaping. Moreover, there are many Christian Science practitioners who volunteer, metaphysically supporting the nursing activity of Wide Horizon. I must also mention our ongoing gratitude to our wonderful Board members, who are so willing and able to serve in a governing capacity for the progress of Wide Horizon. We are **so grateful** for each and every one of these wonderful people, many of whom have been volunteering for years.

There are also new activities and volunteer functions that I think are really terrific. We currently have people who come in on the weekend afternoons to take guests for walks/wheelchair rides, read, or organize other activities. (These volunteers are especially dear to my heart, as some of them also substitute for me when I go on vacation.) Having "something happening" on weekends is literally an answer to prayer, and we thank Judy Fryberger, Marjorie Selleck, and Spice Griffith for their willingness to come in on weekends.



One of the most exciting things happening with our volunteers is what I would call "spontaneity." Betty Hughes called to see if it would be okay for her and her friend to come play the guitar and fiddle for us. It was very enjoyable. Someone

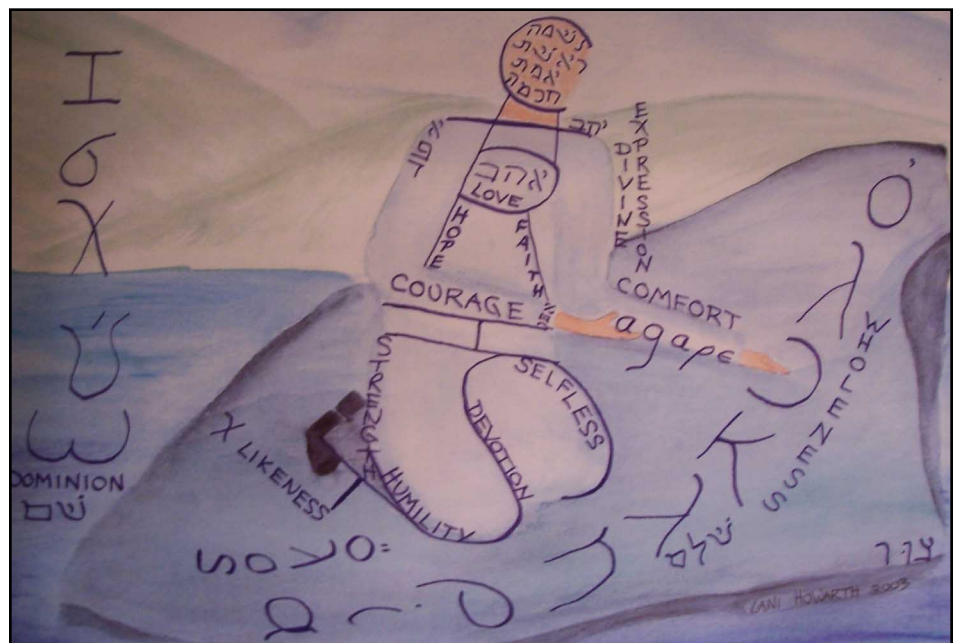
else asked if she could come in on her days off to help in any way, even pulling weeds, watering flowers, etc. Pat Brown and Lynne Park wanted to know if they could share the hour that Pat has been coming in to read to the guests on Mondays.

Virginia Echert comes in whenever there is a fifth Monday. Claire Gregory comes in on Tuesdays to read, as well as scheduling readers and recorders. Lynnelle Rubright put together a slide program about geological formations in the area. We all cheered for her presentation! On another day, Lynnelle

also shared her slides of Hawaii with us. Ron Ruhoff has been so kind as to share his CDs with us, which are wonderful in helping us to learn more about Colorado. Phyllis Daniel came out right before Easter to share her slides of the Holy Land.

The willingness of all these folks to share their talents, time, and love with us warms our hearts and helps to make life here at Wide Horizon more interesting. Whether you're coming on a regular basis or are spontaneous, we appreciate all of you for all you're doing. **AND**, if you have never volunteered at Wide Horizon, it's never too late to start. We'd love to hear from you. Please call Jan Dillingham at (303) 403-2469 or e-mail at jand@widehorizon.org.

In reading this article, I'm certain about the answer to my question in the first paragraph...we're not presumptuous, just honest!



"Love First—The Transforming Power of Caring" by Lani Howarth. All rights reserved. 2001 copyright.

Gratitude For Wide Horizon

by Helen Farmer

My affiliation with Wide Horizon spans 34 years. In the spring of 1972, I was squirming in my seat while taking a class on cultural anthropology at Metropolitan State College in Denver, working towards a degree in Mental Health. But I was on fire about the spiritual idea of man. Why should I bother learning about ancient tribal families and their customs? I found myself equally restless in my psychology and philosophy classes. It was becoming evident to me that these classes were missing the mark in their descriptions of the nature of being.

I was still attending Sunday School. One day after class, I picked up a pamphlet entitled, "Your Career as a Christian Science Nurse." I talked to my Sunday School teacher, who told me there was a Christian Science nursing facility, Wide Horizon, located in Wheat Ridge. I called the facility to arrange a time to have a tour. Afterward, I popped the question, "Can Christian Science nurses be married?" The nurse I asked was a cheerful grandmother type. With a twinkle in her eye she responded, "Of course!" Even now I don't know why I asked that question, for I didn't have any one in mind at the time. Perhaps I felt intuitively that Christian Science nursing was a calling that would require much dedication.

When my college classes were completed in May, I began working

as a nurses' aide at Wide Horizon. I loved what I was learning and doing and felt very much at home. I studied Christian Science nonstop and found that the theology of Christian Science is what makes Christian Science nursing an inspiring profession/ministry, wherein we cherish our fellows as the children of God, spiritual and perfect, having all that naturally belongs to His children. I decided to become a Christian Science nurse.

At that time nursing students would attend classes for three months and then return to a facility for nine months of on-the-job training, repeating this sequence for three years. In this way, much needed nurses were utilized more quickly in the field. Besides learning practical nursing arts such as bathing, food preparation, bed making, nursing ethics, and reading aloud skills, we were assigned countless word studies. We would look up words such as



rest, body, nourishment, movement in *The Bible* and the writings of Mary Baker Eddy in order to get a Christianly Scientific basis for all the nursing skills we were acquiring. I completed nurses' training in August 1976 and began working full-time at Wide Horizon. I definitely felt I had found

my niche. Mrs. Eddy states in *Retrospection and Introspection*, "Each individual must fill his own niche in time and eternity" (p. 70).

Mrs. Eddy also tells us in *Unity of Good* that God "guides every event of our careers" (p. 3). I was still living in the nurses' cottage in the same room with that great view of the

mountains. One morning I looked out the living room window toward the parking lot and saw a young man going into the main entrance of Wide Horizon. I wondered, "Hmm. Who is he and what is he doing here?" He was the man who later became my husband! He'd recently discovered Christian Science, experienced healing, and wanted to devote his life to the practice of this living faith. As it turned out, this would come later. In 1976 our heavenly Parent had a different plan. He returned to college, completed his four-year degree and entered the computer science job market. My husband loved to contract. That meant moving a lot. We moved to different areas of the country for a number of years. Whenever we returned to Denver, I worked at Wide Horizon. I rejoined the staff once again in January 2003. And now my husband is in the full-time practice of Christian Science healing!

It is a privilege to work at Wide Horizon. It is a place of vision. All the departments maintain a high standard of excellence. I like to think of the Nursing Department as a nurse of one—reflecting the "Adorable One." Each individual nurse brings her/his unique sense of the healing Christ to the guests we serve. One nurse may bring a sense of humor to a situation, another compassion and still another firmness. All are needed. I'm grateful for and enjoy my co-workers. It is fair to say we have fun at Wide Horizon. This is right and good. I love that "Mind's infinite ideas run and disport themselves. In humility they climb the heights of holiness." (*Science and Health with Key to the Scriptures*, 514). To disport is to play, to move lightly and without restraint. We do *light* work, Christ's work, at Wide Horizon!

Christian Science Nursing: This is Good Work!

by Susan T. Wood

I didn't want to be a nurse in the beginning. In fact, for the first three years that I worked as a Christian Science nurse, I prayed every day to be lifted out of it! Perhaps it didn't seem important enough, and at times it demanded much more humility and self-sacrifice than I wanted to express.

I only got into nursing through utter desperation in the first place. I had been unemployed for about nine months. I had been praying all through that period of unemployment to know what my right place was. One day, out of desperation, I prayed to know what God wanted me to do, instead of for Him to lead me to what I



wanted to do. That was the beginning of my career in Christian Science nursing. Since I felt Love had directed me to nursing, I felt like Love had to "let me go" from it and point me in another

direction. But Love didn't. So after a while, I stopped praying that prayer.

It's been more than 20 years now! I can tell you that Christian Science nursing is a career that is good for your heart. There is so much opportuni-

ty to give love, often in the simplest ways, that the nurse finds him or herself often "brimming over" with love. There is camaraderie, really a brother/sisterhood, which develops

among the nurses—and such a sense of family with those we care for.

The work still demands the deepest sense of humility and self-sacrifice. It's still not easy. But by now I know that God is in charge, and He will provide whatever is needed to get the job done. Divine Love will care for the patients and the nurses, the facility, and me. Yes, God is helping us all to move forward spiritually, no matter what.

Christian Science nursing is good work! Nothing will ever "fill you up" like caring for others. It is the labor of the heart, the tender, healing touch that can never be replaced by a computer or outsourced to another country. Nothing can ever take the place of the individual who consecrates his/her life in humble service to God and his/her fellowman. What greater job security could there be than working in the Father's vineyard at His bidding? What greater reward?

Before I Go To Work Today

God,
Before I go to work today,
Please give me your thoughts
So I know what to say
To your dear ones
Along the way.

Inspire me with actions
Christly, true
Filled with love
So they know
You are there
And not just "me."

Inspire them, too
To receive what I do
Receive the love
The truth
And witness your Life

Through the principle of my actions.
Let us really see--
Behold, feel, and know
You are All
And in all--
Every idea is yours,
Expressing You,
Harmoniously.

There are not two
Or many
There is One--You,
Filling all space and time.

God, please give me your thoughts
Through Your Christ.
Let me shine so brightly
There is no doubt
There IS love and health and life eternal,
Because there is You, everywhere.



by Lani Howarth