



## W I D E H O R I Z O N

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Wide Horizon Herald

Winter 2007

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Lukas Guennel, *Maintenance*

### Donations can now be made online

via our website at [www.widehorizon.org](http://www.widehorizon.org), where you can also learn about Wide Horizon and its nursing activity. Thank you!

### GARAGE SALE in July 2007!

Wide Horizon's huge summer garage sale will be held on-site July 13 & 14, both Friday and Saturday! Please save your donations for another highly successful and fun community event. All proceeds support Wide Horizon's mission. To help you with your spring cleaning, we'll begin accepting donations in March.

*Note that we usually cannot provide pickup and delivery.*

### Mailing List

If you or another recipient would prefer to not receive mail from Wide Horizon, please let us know via email [margee@widehorizon.org](mailto:margee@widehorizon.org), regular mail, or phone at 303-424-4445, x3156. Include full name(s) and mailing address. Thank you.

# Answered Prayer

by D. Brian Boettiger,  
 Administrator

Since my first moment of becoming the administrator of Wide Horizon more than four years ago, my primary activity at Wide Horizon has been and is prayer. This ongoing activity may be moment to moment. I pray on the go. Often I pray during my daily commute. It may be about a decision to make or a problem to solve. It may regard the nuts and bolts of operating a Christian Science nursing facility. It may be for a specific need of healing. Sometimes this prayer may take the mental form of specific Christian Science treatment. Regardless of the reason, I quietly listen to divine Mind's intercommunication to man and expect to hear an answer. This quiet listening and expectancy are paramount in this blessed activity. Answered prayer, therefore, is standard operating procedure or SOP in my workday.



At times we've asked some of you to pray with us. At our annual meetings we've asked many of

you for your metaphysical support, emphasizing the importance of this collective prayer. I'd like to gratefully acknowledge this loving support on behalf of us all. This prayerful support from the basis of "divine Love being reflected in love" has helped meet financial needs and staffing needs. Moreover, your generous gifts are essential to help sustain Christian Science nursing in the Rocky Mountain region for Christian Scientists who may need Wide Horizon's services. So I thank all of our donors—families, friends, foundations, individuals—who support this facility. Although we are genuinely grateful for a stronger financial foundation and for a stronger team of nurses and other personnel, we are most grateful for knowing that the activity of the Christ, as shown through healing works at Wide Horizon, comes to each of us through God's presence and power. We are grateful for all the

**Board  
 "Forward"**  
**Healing, Stillness  
 and Strength**

**In February the Board and senior staff participated in a one-day retreat, or "forward" as we like to call it, with the theme of "Healing" being our focus. Each of us prepared a paper on this topic. We'd like to share one of the papers, written by Board Chairman, Rick Davis, titled "Healing, Stillness, and Strength." It can be found on pages 2 and 3 of this newsletter.**

signs to us that divine Love truly meets every human need. We're grateful that our prayers are always answered. We're grateful that prayer heals!

# Healing, Stillness, and Strength

by Rick Davis, Board Chairman

**H**ave you ever noticed how stillness plays a big part in healings in the Bible? When blind Bartimaeus continued to cry out for help even though the surrounding people were trying to silence him, the biblical account states "Jesus stood still, and commanded him to be called."

(Mark 10) Matthew gives an account of Jesus healing two blind men that called out for help. This account also states that Jesus "stood still." (Matt 20) Mrs. Eddy speaks of entering into the closet of prayer and further states, "We must close the lips and silence the material senses. In the quiet sanctuary of earnest longings, we must deny sin and plead God's allness."

(*Science and Health with Key to the Scriptures*, p. 15) I have found that when I've succeeded in being still, there is a wonderful sense of calm, humility, joy, comfort, and love.

The thought of being still regarding the activities of Wide Horizon is also pertinent. Above the mortal sense of doing too much or doing too little, is this idea from Psalms, "Be still, and know that I am God..." (Ps 46) This phrase also shows up in one of my favorite testimonies in the chapter "Fruitage" of *Science and Health*. The writer speaks of desiring to get a right understanding of God and of bowing her head in prayer and waiting with "longing intensity." She further states: "How long I waited I do not know, but suddenly, like a wonderful burst of sunlight after a storm, came clearly this thought, 'Be still, and know that I am God.' I held my breath—deep into my hungering thought sank the infinite meaning of

that "I." All self-conceit, egotism, selfishness, everything that constitutes the mortal "I," sank abashed out of sight. I trod, as it were, on holy ground." (S&H 669)

It is so important to lay aside a mortal sense of selfhood and to glorify the great I AM both for individual and collective progress. It is so important to see that mortal selfhood



does not heal. It is God's power that heals. Anything good that happens, at Wide Horizon, or anywhere else, never came from personal endeavor but from the reflection of God's power. Anything yet to be done is of God's power and glory, not personal power or glory.

Here's the last part of the aforementioned testimony: "From that hour I have had an intelligent consciousness of the ever-presence of an infinite God who is only good." (S&H 669)

Imagine being conscious for every moment of the presence of God. Imagine the stillness, deep strength, and calm, which are so tangible that we feel God's presence constantly. Imagine truly feeling at one with our heavenly Father this moment.

It is interesting that stillness is frequently coupled with earnest

striving. The writer of the testimony also speaks of the need to be continually knocking, persistently asking. The blind men were also earnestly striving to seek out Jesus. Mrs. Eddy echoes this idea when she writes: "One thing I have greatly desired, and again earnestly request, namely, that Christian Scientists, here and elsewhere, pray daily for themselves; not verbally, nor on bended knee, but mentally, meekly, and unfortunately." (*Miscellaneous Writings*, p. 127) My own desire is to cultivate this quality of persistent meekness as a path to better healing.

Being still is a great way to overcome self-will. Our Leader writes: "Truth, and not corporeal will, is the divine power which says to disease, 'Peace, be still.'" (S&H 144) Elsewhere she writes: "Willing the sick to

recover is not the metaphysical practice of Christian Science, but is sheer animal magnetism." (S&H 144) At times one may be tempted to feel frustrated when a healing seems delayed, but being still provides the grace to love instead of being irritated, to express more childlike trust, more consecration.

Distraction is another method used by animal magnetism to hold back progress and healing. Jesus refused to be distracted by the mourners when he raised Jairus' daughter. The Bible states that he put them all out. Being still and at one with God actually provides the ability to step back, see what is going on, and avoid the distractions of the carnal mind.

Strength and action accompany stillness. It could also be said, that

(continued on page 3)

*"Imagine the stillness, deep strength, and calm, which are so tangible that we feel God's presence constantly."*

# Business Has a Spiritual Foundation

by Calaine Ohmert, Business Manager

A spiritual foundation is a healing foundation. A foundation built on Principle is lasting and withstands the tests of the times. If in some way it appears cracked or crumbled, spiritual workers can quickly turn to Principle to reinforce the integrity of the foundation. This foundation is therefore fortified, sound and stable. The workers have demonstrated that turning to God keeps them safe and on the right path. This action fortifies their trust in Him.

Each of us in the business office is learning to trust God more and more each day. As ideas of our Father-Mother God, staff members in the business office reflect qualities of clarity, alertness, exactness, honesty, reason, recall, integrity, orderliness, professionalism, harmony, humility, patience, kindness and joy. Expressing these qualities keeps us on the right path. In a world that includes Enron-type thinking, it is very important that we stay alert to any type of suggestion that would negatively reflect on or erroneously influence the integrity of Wide Horizon. All of our activities, therefore, are based on Principle and reflect trust in God. Principle is our firm foundation for supporting nursing and the healing work that goes on at Wide Horizon.

For instance, our efforts to reflect Principle begin with every call received by the receptionist, who strives to handle each call with love and tenderness. She listens carefully to the caller to help meet his/her needs professionally, joyfully and with the integrity of privacy for all involved. We have a

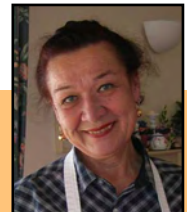
staff of one full-time and four part-time people who give telephone coverage from 8 a.m. to 8 p.m. six days a week and from noon to 8 p.m. on Sunday. We appreciate and value each one of them and the talents and qualities they express each day to help maintain our foundation.

A spiritual foundation is a strong foundation. In the *Bible* we read "Let integrity and uprightness preserve me; for I wait on thee." (Psalms 25) The ethics of privacy we follow when handling contributions and payments or helping guests with insurance companies is very natural to us. As we use wisdom, economy, and brotherly love to characterize all the proceedings of Wide Horizon, we are kept safe and legal in all we do. God's love for us is endless and enduring. When we follow Principle we find that errors are uncovered, things are revealed to us at the right time, or a transposition of numbers is brought to our attention. Divine Mind reveals all to us as we listen and turn to him for guidance. There are numerous good qualities in this spiritual foundation that we maintain.

As we cherish and express them, we witness God's ever-unfolding plan. We become a team that is confident in following God, always turning to Mind, knowing that there is nothing hidden that will not be revealed to us.

A spiritual foundation of gratitude is full and overflowing with riches. We know that Principle always has an abundant supply, and because we reflect Principle we manage our funds intelligently and wisely. As we recognize divine

Love as the source of this continuing supply, we value it more and give gratitude to God for it. As we value and recognize God as the supreme source, we also value our employees more and all that they give in their service at Wide Horizon. A dedicated staff blesses Wide Horizon and all therein, and in turn staff members are blessed. In the *Christian Science Hymnal* we read, "Our gratitude is riches, Complaint is poverty." (Hymn 249) We are truly grateful for the abundant riches of Love's outpouring expressed at Wide Horizon, and this gratitude strengthens our foundation in all the work we do.



## Welcome to the Team

Since the publication of our last newsletter, we've again strengthened our staff team (pictured counterclockwise from top to bottom). Tamara Bourlakova, from Russia, has joined our kitchen staff. Jan Aswad is one of our receptionists and has also started training to be a Christian Science nurse. Spice Griffith Jones serves as an activities volunteer and nurse aide. The most recent addition is Harrison King'ori of Kenya, who is a Journal-listed nurse. We are so grateful for each of these fine individuals who have joined our team.

## Admission Process

If you or someone you know needs and desires Christian Science nursing care, here's how one can be admitted to Wide Horizon.

- It begins with making a phone call to Wide Horizon, 303-424-4445. The individual in need, a family member, practitioner, church member or friend can make the initial call. If the one needing care cannot speak for oneself, then a family member or someone who is the health care power of attorney (POA) must be the one to make the call.
- All inquiries for admission are directed to Sue Wood, Wide Horizon's Director of Nursing. Then she and Brian Boettiger, the Executive Director, confer about the admission and make a decision as soon as possible.
- If you call during hours when a receptionist is not available, then you may be routed to either voicemail, where you need to clearly leave your name and phone number, or the charge nurse on duty, who will record the pertinent information. Either way we will call you back promptly. Usually we will begin the admission immediately, but sometimes we may visit the home or let the party know about the timetable for being admitted. Once here, the patient, POA, or family member will be asked to fill out several papers as part of Wide Horizon's admission packet.
- Another important point: If there is an immediate need, call Wide Horizon first. Remember that when a call is made to 911, these emergency personnel are required to take the individual to the nearest hospital. Wide Horizon will be glad to help make arrangements if an ambulance is needed to bring anyone relying on Christian Science here. So remember to call 303-424-4445!

*(Thanks to Lynn House)*

## Wartime Veterans' Affairs Benefits

If someone is a wartime veteran or a widow or widower thereof, he or she may qualify for benefits while receiving nursing care at Wide Horizon.

The basic requirements in Jefferson County are:

1. Copy of military service discharge papers.
2. Income resources, including savings, social security, pensions, etc. must be less than \$80,000.00 (excluding home).

Currently, these benefits toward nursing care can be between \$1,470.00 and \$1,743.00 per month.

## Medicare & Health Insurance

Many students of Christian Science who are "seniors" are paying for Medicare Parts B, C, and D because no one told them that it is not required. Medicare Part B costs alone have approached \$100 per month as a minimum. Most individual Christian Scientists may only wish to utilize Part A, and only if absolutely needed.

Here are some questions that you may be thinking about:

- What insurance policies cover Christian Science nursing?
- What is the difference between Medicare Part A and Part B?
- What is a Medicare Supplement policy?
- Do HMO's cover Christian Science nursing?
- How does one qualify for Medicare home care for Christian Scientists?
- Is Wide Horizon a Medicare provider?

If you'd like some general answers regarding Medicare and health insurance, please call us at 303-424-4445. Ask for Margee Howard, Executive Assistant or Brian Boettiger, Executive Director.

## Health Care Advance Directives

**W**e receive inquiries regarding health care advance directives (also called health care proxy or power of attorney for health care or advance health care directive depending on the state where you reside).

Wide Horizon provides an "Advance Christian Science Care Directive" that includes a Power of Attorney for Health Care for all patients at Wide Horizon. Our legal counsel recently updated this document to follow Colorado state law. This directive includes language and options specific to Christian Scientists. We are glad to share this with you upon request.

If you live outside of Colorado you have several options. Health care advance directives are legal documents, and attorneys are able to assist in preparing them. Another source may be your state government website. For instance, the state of Maine has complete information on state law regarding advance directives with downloadable copies at [www.state.me.us](http://www.state.me.us). You can also search the web for "health care advance directives" and find a number of sites.

Once you have executed your health care advance directive, you should make at least four photocopies. Keep the original for yourself where it can be found easily (not a safe-deposit box). Give copies to care providers, your agent, and alternate agent. You can also give additional copies to family members, Christian Science practitioners, lawyers, and others who may be involved in your health care decision-making.

For a copy of our health care directive document, call 303-424-4445 or email [info@widehorizon.org](mailto:info@widehorizon.org).

*(Thanks to the Chestnut Hill Benevolent Association)*

## Nurse Supervisors

**I**n 2006, Carol Christiansen, Christina O'Leary, Jane Allen, and Nancy Stafford successfully completed a two-week course to become nurse supervisors. This group has utilized these new supervisory skills with continued success. Each also has taken steps to fulfill the desire and goal to become a Journal-listed nurse. In fact, Jane did so in the December '06 issue of *The Christian Science Journal*. We are grateful for the progress of these nurses and for our entire nursing staff!

## Practitioners Visit Wide Horizon

**G**ratITUDE abounds for the many Christian Science practitioners who prayerfully support Wide Horizon as volunteers. On Thursday November 2, 2006, a lively group of Christian Science practitioners visited Wide Horizon. These practitioners came from Colorado, New Mexico, and Utah, joining us for a midday meal and an afternoon meeting in the living room of the South Building. We shared aspects about Christian Science nursing and activities of Wide Horizon. Inspiration overflowed. One practitioner asked, "How can we help?" They help to support Wide Horizon through their metaphysical work, and we are sincerely grateful for their individual and sometimes collective effective prayer!

## Why Should You Give to Wide Horizon?

1. Because it shows your commitment to Christian Science healing.
2. Because it preserves Christian Science nursing care.
3. Because someone you know has been blessed by the tender care provided here.
4. Because someone you know may need Christian Science nursing care today.
5. Because Christian Science nursing needs to be maintained now for future generations.
6. Because your support helps provide Christian Science nursing for those at home, too.
7. Because Christian Science nursing is an activity of CHURCH.
8. Because Christian Science nursing is a Church Manual-based activity.
9. Because if Christian Scientists do not support Christian Science nursing care...who will?
10. Because true Christian Science nurses always expect healing.

*(Thanks to High Ridge House)*

# A Different Perspective

by Lukas Guennel, Plant Manager

One would assume, a facilities and grounds manager's main objective is to ensure a comfortable and safe working environment for those who reside and work on the property. Although accurate, this definition only provides a brief synopsis of the true works of a Plant Manager helping to efficiently operate a Christian Science care facility. The mission of Wide Horizon is to provide Christian Science nursing, facilities, and support for those seeking healing accomplished through complete reliance on Christian Science as taught by Mary Baker Eddy. The objective of the maintenance department is to support this mission through quality physical and spiritual work. Many times a seemingly difficult situation can be remedied by a constructive thought and reveals the true originator of all right ideas and actions.

Indeed, some of my daily tasks include fixing heat, air conditioning, plumbing, and electrical issues, or even as routine as installing a light bulb. During the warm weather months, one can find me outside on the property mowing the lawn, fertilizing, fixing the sprinkler system, or pruning a tree. All these tasks have one thing in common. Although, physical in nature, the goal is to establish and maintain a sense of order, beauty, and express qualities of the one Mind.

It never ceases to amaze me, how profoundly grateful the guests,

staff, and nurses are when a task is completed or simply attempted. This appreciation is sometimes subtle, but many times expressed through a genuine smile or expression of thanks. These outward gestures of gratitude make working all the more pleasant and satisfying.



I am constantly reminded by contractors that work on the property how peaceful, different, and serene Wide Horizon is. This experience begins with the initial drive up the main entranceway. Towards the West, one sees the beautiful open fields with the foothills hiding in the background. Then they experience

*"Many times a seemingly difficult situation can be remedied by a constructive thought and reveals the true originator of all right ideas and actions."*

the pleasant looking buildings and are greeted by the smiling receptionist in the main building. Many times before even reaching the receptionist, they have been given several verbal and nonverbal welcomes

from both staff and guests alike. Almost all the workers are unaware of what Christian Science is, but realize something different is occurring here. These individuals spend much time working in other care facilities and always comment on the attention and respect that is provided

for the guests. They sense the peaceful atmosphere created by an uplifted thought of all those working on the premises. What a beautiful thing!

Webster defines "maintenance" as follows: care, upkeep, support, subsistence, and the act of providing basic and necessary support. The maintenance department here at Wide Horizon strives to assist in attaining this goal and supports the nursing commitment by creating a pleasant working and living environment. As one can see, these goals are far reaching and extend beyond physical plant duties. Helen Keller once stated, "Many persons have a wrong idea of what constitutes true happiness. It is not attained through self-gratification but

through fidelity to a worthy purpose." Mary Baker Eddy states in *Science and Health with Key to the Scriptures*, "Paul said, 'To be spiritually minded is life.' We approach God, or Life, in proportion to our spirituality, our fidelity to Truth and Love..." (P. 95) The institution of Wide Horizon helps to promote this true spirituality for each of us who work here. Wide Horizon also promotes the worthy purpose of practicing Christian Science and continues to operate efficiently because of the dedicated work of so many individuals and departments whose main objective is to express the Science of Being.

*Lukas is the Facilities and Grounds Manager at Wide Horizon*



(continued from page 2)

the activity of healing accompanies stillness. Mrs. Eddy writes in *Retrospection and Introspection*: "The best spiritual type of Christly method for uplifting human thought and imparting divine Truth, is stationary power, stillness, and strength; and when this spiritual ideal is made our own, it becomes the model for human action." (Ret 93)

This is our desire as we strive to do what's best to maintain a Christian Science nursing facility in the Rocky Mountain region. It is this "stationary power, stillness, and strength" that we strive to practice in our love for the field by providing an avenue for the facilitation of the *Church Manual*-based activity of Christian Science nursing. It's our sincere hope, therefore, that our human action is modeled upon this spiritual ideal and impelled by divine Mind in all that we do at Wide Horizon.

## Gratitude Expressed

We can't say, sufficiently, how grateful we are for the opportunity given to us for having Christian Science care available at Wide Horizon ... Wide Horizon and all its staff provide a unique experience for the guest and their family. Everyone is blessed. Thank you for sharing the truth that the best of Love is Life.

**"The God of all comfort, comforts us in all tribulation."  
—THE APOSTLE PAUL**

# Thank you, Volunteers

by Jan Dillingham, Volunteer Coordinator

To say that we are continually blessed by the willing activities of all of our volunteers is quite simply, a vast understatement. Particularly during the Christmas holiday season there are people who come to Wide Horizon to share their joy, talents, and love. We are so grateful to all of you who volunteer at Wide Horizon throughout the year.

This year the "Thinkers and Threaders" came for what has become an "annual event." This group from the Littleton Church gets together each third Thursday of the month during the year to work on various forms of stitchery projects, share ideas, and enjoy munchies. In the last few years the "Thinkers and Threaders" have come to Wide Horizon in December to share ideas (usually through the reading of a Christmas poem, article, or story), sing Christmas carols, and eat their very delectable munchies. It is truly one of the most enjoyable events during the year for our guests—it is

a time to relax and enjoy the companionship of other Christian Scientists. This year we branched out to the informal sharing of delightful, sometimes humorous, holiday experiences of family and friends.

Hearing, among other stories, of the young bride who received a LIVE turkey, using chloroform to "kill" it, and then having the "unclothed" creature pop out of the refrigerator the next morning, left all of us with tears rolling down our cheeks with laughter.

We are grateful to all of those individuals and groups who have made Wide Horizon a part of their holiday tradition—AND we hope that you as an individual or group might want to think about joining us this coming year, or any time of the year for that matter. Those of you who do come to share your Christmas spirit with us have enriched our lives immeasurably, and we hope your own experience has been blessed as well.

## Have You Visited Wide Horizon's Web Site?

Wide Horizon has a wonderful website, which is full of useful information about our *Manual*-based nursing services and activities. We also post information such as employment opportunities and training for nurses. You can also donate online to support our mission to serve and care for fellow Christian Scientists. To see and read a good overview of Wide Horizon, please go to [www.widehorizon.org](http://www.widehorizon.org).

